

Mediterranean Climate Edible Plant List: updated May 2020

Trees and Shrubs

Common Name	Scientific Name	H2O Use	Frost	Notes
Almond 'All-In-One'	<i>Prunus dulcis</i>	Low	0	
Almond 'Nonpariel'	<i>Prunus dulcis</i>	Low	0	
Apple 'Anna'	<i>Malus sp</i>	Low	0	
Apple 'Fuji'	<i>Malus sp.</i>	Low	0	Late
Apple 'Gala'	<i>Malus sp.</i>	Low	0	Early
Apple 'Gordon'	<i>Malus sp.</i>	Low	0	
Apple 'Granny Smith'	<i>Malus sp</i>	Low	0	
Apricot 'Katy'	<i>Prunus armeniaca</i>	Low	0	
Apricot 'Moorpark'	<i>Prunus armeniaca</i>	Low	0	
Apricot 'Royal'	<i>Prunus armeniaca</i>	Low	0	
Asian Pear '20 th Century'	<i>Pyrus pyrifolia</i>	Low	0	
Asian Pear 'Hosui'	<i>Pyrus pyrifolia</i>	Low	0	
Asian Pear 'Shinseiki'	<i>Pyrus pyrifolia</i>	Low	0	
Avocado 'Bacon'	<i>Persea americana</i>	High	32	Winter fruit
Avocado 'Hass'	<i>Persea americana</i>	High	32	Fall fruit
Avocado 'Nabal'	<i>Persea americana</i>	High	32	Fall fruit
Avocado 'Reid'	<i>Persea americana</i>	High	32	Fall fruit
Avocado 'Rincon'	<i>Persea americana</i>	High	30	Winter fruit
Avocado 'Zutano'	<i>Persea americana</i>	High	28	Summer fruit
Banana 'Brazilian'	<i>Musa banana</i>	High	32	
Banana 'Dwarf Cavendish'	<i>Musa banana</i>	High	32	
Banana 'Ice Cream'	<i>Musa banana</i>	High	32	
Banana 'Lady Finger'	<i>Musa banana</i>	High	32	
Banana 'Manzana'	<i>Musa banana</i>	High	32	
Blueberry 'Jubilee'	<i>Vaccinium corymbosum</i>	High	20	
Blueberry 'Misty'	<i>Vaccinium corymbosum</i>	High	20	
Blueberry 'O'neal'	<i>Vaccinium corymbosum</i>	High	20	
Blueberry 'Sharpblue'	<i>Vaccinium corymbosum</i>	High	20	
Carob 'Amelie'	<i>Ceratonia siliqua</i>	Low	20	Dioecious
Carob 'Santa Fe'	<i>Ceratonia siliqua</i>	Low	20	Hermaphrodite
Cherimoya 'Bays'	<i>Annona cherimola</i>	Med	28	
Cherimoya 'Booth'	<i>Annona cherimola</i>	Med	28	
Cherimoya 'Honeyheart'	<i>Annona cherimola</i>	Med	28	

Cherimoya 'Pierce'	<i>Annona cherimola</i>	Med	28	
Cherimoya 'Pink Hawaiian'	<i>Annona cherimola</i>	Med	28	
Cherimoya 'Selma'	<i>Annona cherimola</i>	Med	28	
Cherimoya 'White'	<i>Annona cherimola</i>	Med	28	
Cherry 'Royal Lee'	<i>Prunus sp.</i>	Med	0	
Currant- Red, White, Black	<i>Ribes spp.</i>	Med	0	
Fig 'Black Mission'	<i>Ficus edulis</i>	Med	15	
Fig 'Brown Turkey'	<i>Ficus edulis</i>	Med	15	
Fig 'Panache'	<i>Ficus edulis</i>	Med	15	
Fig 'Ventura'	<i>Ficus edulis</i>	Med	15	
Fig 'Verte'	<i>Ficus edulis</i>	Med	15	
Goji Berry 'Phoenix Tears'	<i>Lycium barbarum</i>	Low	0	
Gooseberry	<i>Ribes uva-crispa</i>	Med	0	
Grapefruit 'Cocktail'	<i>Citrus x paradisi</i>	High	28	
Grapefruit 'Marsh'	<i>Citrus x paradisi</i>	High	28	
Grapefruit 'Oro Blanco'	<i>Citrus x paradisi</i>	High	28	
Grapefruit 'Rio Red'	<i>Citrus x paradisi</i>	High	28	
Guava 'Lemon'	<i>Psidium littorale</i>	High	32	
Guava 'Pineapple'	<i>Acca sellowiana</i>	High	20	
Guava 'Strawberry'	<i>Psidium littorale</i>	High	32	
Guava 'Thai Krom'	<i>Psidium guajava</i>	High	32	
Ice Cream Bean	<i>Inga edulis</i>	Med	32	
Jaboticaba	<i>Plinia cauliflora</i>	High	40	
Jujube 'Lang'	<i>Zizyphus jujuba</i>	Low	0	
Jujube 'Li'	<i>Zizyphus jujuba</i>	Low	0	
Kumquat 'Nagami'	<i>Fortunella sp</i>	High	30	
Lemon 'Eureka'	<i>Citrus limon</i>	High	28	
Lemon 'Lisbon'	<i>Citrus limon</i>	High	28	
Lemon 'Meyer'	<i>Citrus x meyeri</i>	High	28	
Lime 'Australian Finger'	<i>Citrus australasica</i>	High	30	
Lime 'Mexican'	<i>Citrus aurantifolia</i>	High	30	
Lime 'Tahitian'	<i>Citrus latifolia</i>	High	30	
Loquat 'Big Jim'	<i>Eriobotrya japonica</i>	Low	20	
Mandarin 'Clementine'	<i>Citrus x clementina</i>	High	24	
Mandarin 'Honey'	<i>Citrus reticulata</i>	High	24	
Mandarin 'Pixie'	<i>Citrus reticulata</i>	High	24	
Mandarin 'Satsuma'	<i>Citrus unshiu</i>	High	24	
Mango 'Manilla'	<i>Mangifera indica</i>	High	32	
Mulberry 'Hunza White'	<i>Morus alba</i>	Low	10	
Mulberry 'Oscar'	<i>Morus alba</i>	Low	10	
Mulberry 'Pakistani White'	<i>Morus alba</i>	Low	10	
Mulberry 'Pakistani'	<i>Morus alba</i>	Low	10	
Mulberry 'Persian'	<i>Morus alba</i>	Low	10	
Mulberry 'Shangri La'	<i>Morus alba</i>	Low	10	
Mulberry 'Wellington'	<i>Morus alba</i>	Low	10	
Mulberry 'White No. 7'	<i>Morus alba</i>	Low	10	

Mulberry seedling	<i>Morus alba</i>	Low	10	Dioecious
Nectarine 'Arctic Glo'	<i>Prunus sp.</i>	Low	5	Early, white
Nectarine 'Arctic Star'	<i>Prunus sp</i>	Low	5	
Nectarine 'Goldmine'	<i>Prunus sp</i>	Low	5	
Nectarine 'Panamint'	<i>Prunus sp.</i>	Low	5	Late, yellow
Oilve 'Arborquina'	<i>Olea europea</i>	Low	20	
Oilve 'Leccino'	<i>Olea europea</i>	Low	20	
Oilve 'Manzanillo'	<i>Olea europea</i>	Low	20	
Oilve 'Mission'	<i>Olea europea</i>	Low	20	
Olive 'Frantoio'	<i>Olea europea</i>	Low	20	
Orange 'Moro Blood'	<i>Citrus sinensis</i>	High	28	
Orange 'Navel'	<i>Citrus sinensis</i>	High	28	
Orange 'Valencia'	<i>Citrus sinensis</i>	High	28	
Papaya 'Solo'	<i>Carica papaya</i>	High	40	Short variety
Peach 'Babcock'	<i>Prunus sp.</i>	Low	5	Early, white
Peach 'Elberta'	<i>Prunus sp.</i>	Low	5	Late, yellow
Peach 'Santa Barbara'	<i>Prunus sp</i>	Low	5	
Peach 'Saturn'	<i>Prunus sp</i>	Low	5	
Peach 'Ventura'	<i>Prunus sp</i>	Low	5	
Pear 'Bosc'	<i>Pyrus sp.</i>	Low	0	
Persimmon 'Fuyu'	<i>Diosporos kaaki</i>	Low	5	
Persimmon 'Hachiya'	<i>Diosporos kaaki</i>	Low	5	
Plum 'Santa Rosa'	<i>Prunus sp</i>	Low	0	
Plum 'Satsuma'	<i>Prunus sp</i>	Low	0	
Pomegranate 'Ambrosia'	<i>Punica granatum</i>	Low	10	
Pomegranate 'Eversweet'	<i>Punica granatum</i>	Low	10	
Pomegranate 'Grenada'	<i>Punica granatum</i>	Low	10	
Pomegranate 'Haku Botan'	<i>Punica granatum</i>	Low	10	Double white flowers
Pomegranate 'Rosavaya'	<i>Punica granatum</i>	Low	10	
Pomegranate 'Sweet'	<i>Punica granatum</i>	Low	10	
Pomegranate 'Toryu Shibori'	<i>Punica granatum</i>	Low	10	Double pink flowers
Pomegranate 'Wonderful'	<i>Punica granatum</i>	Low	10	
Rose Apple	<i>Syzygium jambos</i>	Med	32	
Strawberry Tree	<i>Arbutus unedo</i>	Low	25	
Surinam Cherry	<i>Eugenia uniflora</i>	Med	32	
Tree Tomato, Tamarillo	<i>Solanum betaceum</i>	Med	32	
Walnut 'Hartley'	<i>Junglans regia</i>	Low	0	Option 1
Walnut 'Placentia'	<i>Junglans regia</i>	Low	0	
White Sapote	<i>Cassimiroa edulis</i>	Low	28	

Vines and groundcovers

Common Name	Scientific Name	H2O Use	Frost	Notes
Akebia	<i>Akebia quinata</i>	Low	30	Need 2 var's

				for fruit
Blackberry 'Himalayan'	<i>Rubus sp.</i>	Low	0	Very vigorous
Boysenberry	<i>Rubus sp.</i>	Low	10	Drought hardy
Chayote	<i>Sechium edule</i>	Low	n/a	Dies back
Grape 'Perlette'	<i>Vitis sp</i>	Low	10	White seedless
Grape 'Red Flame'	<i>Vitis sp</i>	Low	10	Red seedless
Grape 'Syrah'	<i>Vitis sp.</i>	Low	10	Wine grape
Grape 'Thompson Seedless'	<i>Vitis sp</i>	Low	10	For raisins
Kiwi 'Hayward'	<i>Actinidia deliciosa</i>	High	15	Need male and female
Passionfruit 'Frederick'	<i>Passiflora edulis</i>	Med	32	
Pepino melon	<i>Solanum muricatum</i>	Med	32	Low growing
Peruvian Groundcherry	<i>Physalis peruvianus</i>	Med	32	To 3 ft
Raspberry 'Amity'	<i>Rubus sp.</i>	Med	10	Late red
Raspberry 'Fallgold'	<i>Rubus sp.</i>	Med	10	Late gold
Raspberry 'Skeena'	<i>Rubus sp.</i>	Med	10	Mid red
Raspberry 'Williamette'	<i>Rubus sp.</i>	Med	10	Early red
Sweet Potato	<i>Ipomoea sp.</i>	High	32	groundcover

Herbs and Flowers- annual and perennial

Common Name	Scientific Name	H2O Use	Frost	Notes
Allysum	<i>Alyssum sp.</i>	Low	20	
Amaranth 'Elephant's Head'	<i>Amaranthus sp.</i>	Low	32	
Arrugula	<i>Eruca sativa</i>	Low	20	
Bergamot	<i>Monarda sp</i>	Low	30	
Chamomile	<i>Matricaria recutita</i>	Low	32	
Chrysanthemum 'Shungiku'	<i>Chrysanthemum sp.</i>	Low	32	
Cilantro	<i>Coriandrum sativum</i>	High	32	
Cleveland Sage	<i>Salvia clevelandii</i>	Low	30	
Comfrey	<i>Symphytum sp</i>	Med	30	
Cosmos	<i>Cosmos bipinnatus</i>	Low	32	
Culinary Bay	<i>Laurus nobilis</i>	Med	28	
Culinary Sage	<i>Salvia officinalis</i>	Low	20	
Daisy Tree	<i>Montanoa grandiflora</i>	Low	32	
Garlic Chives	<i>Allium tuberosum</i>	Low	28	
Guaje	<i>Leucenea leucocephala</i>	Low	30	
Hummingbird Sage	<i>Salvia spathacea</i>	Low	32	
Lavender	<i>Lavandula angustifolia</i>	Low	25	
Lemon Balm	<i>Melissa officinalis</i>	Low	30	
Lemon Verbena	<i>Aloysia triphylla</i>	Med	30	
Mexican Marigold	<i>Tagetes sp.</i>	Low	20	
Mexican Sage	<i>Salvia leucantha</i>	Low	25	
Mexican Sage	<i>Salvia mexicana 'Limelight'</i>	Low	32	
Mint- asstd var's	<i>Mentha sp</i>	Med	30	

Oregano	<i>Origanum vulgare</i>	Low	28	
Pineapple Sage	<i>Salvia elegans</i>	Med	32	
Pink Sage	<i>Salvia microphylla 'Berzerkeley'</i>	Low	30	
Purple Sage	<i>Salvia leucophylla</i>	Low	30	
Red Velvet Sage	<i>Salvia confertiflora</i>	High	32	
Rosemary	<i>Rosmarinus officinalis</i>	Low	25	
Scarlet Sage	<i>Salvia gesneriiflora</i>	High	32	
Sunflower 'Mammoth'	<i>Helianthus annuus</i>	Low	32	
Thyme- asstd var's	<i>Thymus vulgaris</i>	Low	28	
White Sage	<i>Salvia apiana</i>	Low	10	
Zinnia	<i>Zinnia elegans</i>	Med	32	

Perennial Veggies

Common Name	Scientific Name	H2O Use	Frost	Notes
Achira, Queensland Arrowroot	<i>Canna edulis</i>	Med	25	
Artichoke	<i>Cynara sp</i>	Med	25	
Asparagus	<i>Asparagus officinalis</i>	High	28	
Chilacayote	<i>Curcubita ficifolia</i>	Med	25	
Groundnut	<i>Apios americana</i>	High	25	
Jerusalem Artichoke	<i>Helianthus tuberosus</i>	Med	28	
Mashua	<i>Trapeolum tuberosum</i>	High	32	
Sorrel	<i>Rumex acetosa</i>	High	20	
Yacon	<i>Polymnia sonchifolia</i>	High	32	

Succulents and cacti

Common Name	Scientific Name	H2O Use	Frost	Notes
Dragon Fruit, Pitahaya	<i>Hylocereus undatus</i>	Med	25	
Nopales, tunas	<i>Opuntia ficus-indica</i>	Low	20	
Peruvian Apple Cactus, Pitaya	<i>Cereus repandus syn peruvianus</i>	Low	20	
Tequila Agave	<i>Agave tequilana</i>	Low	28	

Native and Mediterranean Plants: non-edible, habitat, insectary

Common Name	Scientific Name	H2O Use	Frost	Notes
California Sunflower	<i>Encelia californica</i>	Low	?	
Chaparral Pea	<i>Pickeringia montana</i>	Low		N-fix?
Deer Vetch	<i>Lotus scoparius</i>	Low		N-fix?
Giant Buckwheat	<i>Eriogonum gigantean</i>	Low		
Old Man Sage	<i>Artemisia dranunculus</i>	Low		
Pea Shrub	<i>Polygala fruticosa</i>	Low		N-fix?
Purple Sage	<i>Salvia leucophylla</i>	Low		